



EUROPEAN FOUNDATIONS'
INITIATIVE ON DEMENTIA

EFID Awardees 2020



EFID

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The 2020 EFID Award winners

- **'Foton: Together for a dementia friendly society!'**

Organisation: Expertisecentrum Dementie Vlaanderen, Belgium

Project description:

The main goal of this initiative is to change the dominant perception in society in looking at people with dementia. "Foton" is about: engaging with the local government to advice on the best practices to apply to care for people with dementia during the pandemic; supporting formal and informal carers through phone/video calls, trainings, group sessions and booklets with positive messages; art pieces that are shared within shops for the entire population to see and learn about living with dementia. To spread the EFID legacy, "Foton" will: continue to collaborate in local projects to create welcoming spaces for people with dementia; make information about dementia available throughout cities; train volunteers to assist people affected by dementia in their homes.

Contact: foton@dementie.be – Hilde Delameillieure

- **'Aktion Demenz'**

Organisation: Connexia, Austria

Project description:

Aktion Demenz aims to create a dementia-friendly environment in Vorarlberg where there is still a lot of stigmatisation around the topic of dementia. As a link between the political board and the families, Aktion Demenz raises awareness in the public sector and distributes funds to 44 communities. In response to the 2020 pandemic, a new service was included. That was one-to-one coaching performed via video call by medical and care experts with long term experience with dementia. In addition to this, creative solutions were implemented to support the communities in need. These were things like: garden concerts and breakfast delivery to those being cared for at home. Being a government-funded initiative, the commitment of Aktion Demenz in sharing the EFID legacy will be shown by strengthening the link between the families, the communities and the local government.

Contact: daniela.egger@connexia.at – Daniela Egger

- **Demenz Support Stuttgart**

Organisation: Demenz Support Stuttgart, Germany

Project description:

Covid-19 threatened the opening of the new assisted living in flat-shares (ALFS) in the city of Ostfildern. ALFS is a project funded by the administrative authority of the city of Ostfildern. It helps people with dementia to maintain much of their self-determination since they are active participants in the daily activities: preparing meals, doing chores, etc. In March 2020, nine people applied to live in ALFS and the current situation meant it was necessary to implement new protocols for moving in. Residents, their carers, their families and the local government, participated in digital conferences explaining the hygiene protocols and the management of the move-ins: testing carers and nurses; adapting visitor rotation schedules. ALFS will continue to be on the agenda for Demenz Support Stuttgart with the aims of: educating the public, sparking interest in people living with dementia and their families, recruiting nurses and carers, including members of the local government.

Contact: p.wissmann@demenz-support.de – Peter Wißmann

- **Go Upstream**

Organisation: Andy Hyde, Go Upstream, Scotland

Project description:

This project aims to challenge the rapid transport service redesign and keep the inclusion of people with dementia at the heart of service improvement even in the face of a pandemic. It does that by facilitating the conversation between public transport service providers and people with dementia. Weekly online discussions and design workshops in collaboration with people with dementia, were facilitated to help the groups determine the new travel priorities and concerns for disable people. In addition to this, the project includes extensive research into the worldwide trends and examples to develop design guidance based on lived experiences. The outcome of this project has been documented in the Future Journeys Observatory, an online space. This project was able to bring its pre-pandemic networks together to discuss post-pandemic solutions.

Contact: hello@upstream.scot – Andy Hyde



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- **KONFETTI im Kopf e.V**

Organisation: KONFETTI IM KOPF e.V., Germany

Project description:

To support people with dementia during the lockdown, KONFETTI-Rockdown was created. These were a series of more than 80 outside live concerts in 40 different care homes around Hamburg. The concerts ran from March to September 2020. They were an opportunity to reach two goals: on the one hand, they brought joy, humour, and light-heartedness to people in care-homes in the greater Hamburg area; on the other hand, they symbolically supported local musicians who were highly affected by the pandemic. The music genre was always mixed to meet everyone's taste. In the future, the organisation's and EFID's value will continue to be shared through a new series of concerts and the widening of other existing projects: KONFETTI-Café, KONFETTI-Parade, KONFETTI-Klangräume.

Contact: mh@KONFETTI-im-kopf.de – Michael Hagedorn

- **Foundation Compassion Alzheimer Bulgaria (FCAB)**

Organisation: Foundation Compassion Alzheimer Bulgaria, Bulgaria

Project description:

The main objective of this EFID initiative is to sustain the several initiatives launched during the pandemic, such as: online consultations; virtual Alzheimer cafe; charity campaigns for nursing homes; virtual harp music therapy sessions for residents of nursing homes in Razgrad and Kazanlak; podcast "From us to you"; lobbying for legislation to adopt in Bulgaria for having more dementia-friendly communities; website section on Covid-19 and supporting materials. The FCAB in the future, plans to direct its work to young people, schools and universities as well as the Roma communities through the network of health mediators.

Contact: compassion.alz@abv.bg – Tania Tisheva



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- **Het Ventiel (The Valve)**

Organisation: Het Ventiel, Belgium

Project description:

Het Ventiel works with buddies for 89 people coping with young dementia and their families, of which 81 live at home. The buddies come from all layers of society, from students to pensioners and are mostly people who have no link with persons with young onset dementia (PYOD). Het Ventiel is a circle of people who keep reinventing themselves according to their needs, desires and challenges. In response to the situations created by the pandemic, Het Ventiel has organised: daily online free video calls with singing, dancing and physical exercise moments; daily assignments by mail or post; a duo bike where a person with dementia rode with someone from his bubble, doing “window visits”; joint work of art and playlist creation on Spotify.

Contact: gudrun@hetventiel.be – Gudrun Callewaert

- **Diaconia Valdese - Commissione Sinodale per la Diaconia- Rifugio Re Carlo Alberto**

Organisation: Diaconia Valdese, Italy

Project description:

The initiative developed by the Diaconia Valdese in the Refuge Re Carlo Alberto aimed to tackle isolation and knowledge on technology. Which is why the Refuge developed activities to connect people inside and outside the Refuge. Inspired by EFID initiatives, the Refuge worked with its residents, their families and community partners and networks to create the #Let's Connect! Project which helps to prepare for a more digitised future, capable of promoting rather than inhibiting social and community inclusion. Among the activities included in the project there were video calls and conferences, helplines, artistic community collaborations and social activities. In the future the aim is to establish more mainstream initiatives through the creation of new networks and collaborations with a range of EFID national and local networks.

Contact: m.galetti@diaconiavaldese.org – Marcello Galetti



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- **France Alzheimer Vaucluse (FAV)**

Organisation: France Alzheimer Vaucluse, France

Project description:

The overall change envisioned by FAV is that people living with dementia feel they own a place in society. This must be done by simultaneously approaching two angles: the society and people living with dementia. In light of the recent pandemic FAV has added two new members to its staff: a general physician and a nurse. This was done to diversify the professional competencies and: organise telephone contact for daily individual counselling; offer psychological support; continue contact with current partners. But also to adapt the already existing activities such as the movement and storytelling workshops, which were transformed into soft gym video conferences and phone live memory workshops.

Contact: Alzheimer.ecoute@gmail.com – Tania Kraus, Lisa Junglas